

# Grace Church Biblical Counseling and Discipleship Ministry

Grace Church is committed to Biblical Counseling because we believe it is part of the Great Commission (Matthew 28:18-20). Our Savior and Lord directed us to teach others to observe all things that Christ commanded (v.20).

Biblical Counseling is simply the term we use to describe our ministry of using the Word of God to help fellow sinners follow Christ, particularly through difficult life situations. Part of the calling of every Christian is to help other people follow Jesus throughout the normal patterns of life. Occasionally, however, we can get stuck with challenges that require more intentional help – this is where Biblical Counseling comes in. Our counselors are mature Christians who are currently going through a certified training process to equip them to better serve and give counsel to those in need of help.

### There is always Hope

We believe that God has given us all we need to know Him and to live in a way that is pleasing to Him. All our difficulties may not evaporate. However, when a person willingly submits to God's instructions and clings to his promises there is hope and help.

## What to Expect

After you have submitted a Counseling In-take Form, we will contact you within the next two weeks to schedule your appointment. You can then expect to hear from your counselor 1-3 days prior to your appointment to confirm your time. If you need to reschedule after confirming with your counselor, then please contact him/her directly. Please give your counselor at least 24-hours advance notice if you must reschedule your appointment.

#### **Privacy and Care**

We will care for you and treat you with respect. Everything will be held in strict confidence except where, in the counselor's judgment, there is a Biblical requirement to involve others (e.g., criminal activity).

# **Encouragement toward Christ-likeness**

We will encourage you in your successes and exhort you to think and behave in a way that pleases Jesus Christ.

#### Homework

We'll assign you homework to take home between your counseling sessions. The assignments are meant to encourage lasting change.

#### Give Us Some Time

Habits are not developed overnight, and new habits will take time to develop. In most cases, we ask individuals to commit to regular counseling appointments for a period of 3 to 4 months.

## Waiting List

If appointment times are full, you may be placed on a waiting list. Rest assured we will get you on our schedule as soon as possible.

#### Cost

There is no fee for our biblical counseling services.