

Grace Tallahassee
“Fighting Fear” (Philippians)
Jodi Ware

I. Foundational Indicatives for Fighting Fear

- A. You are being conformed to the image of Christ. (Phil. 1:6; 2:12-13; 1 John 3:2-3; 1 Thess. 5:28)

Principle: Whatever happens in your life, you can be confident that God is at work, doing what He knows is needed to make you more like Christ.

- B. You are a follower of Christ. (Phil. 2:5-8; 3:3; Job 1:21; 2:10)

Principle: As you trust the Lord and submit to His wise and sovereign control, you can be less controlled by fear.

- C. You are God’s child under His provision. (Phil. 4:11b-13, 19-20; Luke 11:13)

Principle: God calls you to learn to trust His higher, wise ways, and to know that He will provide what you truly need.

- D. You are a recipient of grace. (Phil. 1:29; 3:10-11; 4:12-13; Matthew 5:10-12; James 1:2-4; Psalm 56:3)

Principle: God gives grace for all things, for faith in Him, and for suffering in whatever He designs. You can trust Him for today, and for tomorrow.

- E. You are His forever. (Phil. 1:21-23; 3:13b-14; 3:20-21; Matthew 6:27; 10:28; Romans 8:18)

Principle: No matter what happens in your life, including the way it ends, your eternal and ultimate destiny is secure in Christ. The things of this world, whether pleasurable or so difficult, are temporal and short-term. The future is unimaginably bright and joy-filled.

II. Practical Imperatives for Fighting Fear

A. Rejoice in the Lord. (4:4)

“Who is in charge? God and what he says or me and how I feel?”

Ed Welch, *Running Scared*, p. 254)

B. Be reasonable. (4:5)

“Guarding what we watch, read, and hear isn’t legalism. It’s just sanctified common sense.” (Lydia Brownback, *Purity*)

C. Do not be anxious about anything because the Lord is at hand. (v. 5b-6)

Isaiah 41:10; Hebrews 13:5-6

D. Pray about everything. (4:6)

E. Give thanks. (4:6)

Psalm 50:7-15

F. Pursue peace. (4:7)

Isaiah 26:3-4

G. Renew your mind with right thinking. (4:8)

- a. True
- b. Honorable
- c. Just
- d. Pure
- e. Lovely
- f. Commendable
- g. Excellent
- h. Worthy of praise

Psalm 131:1-2